

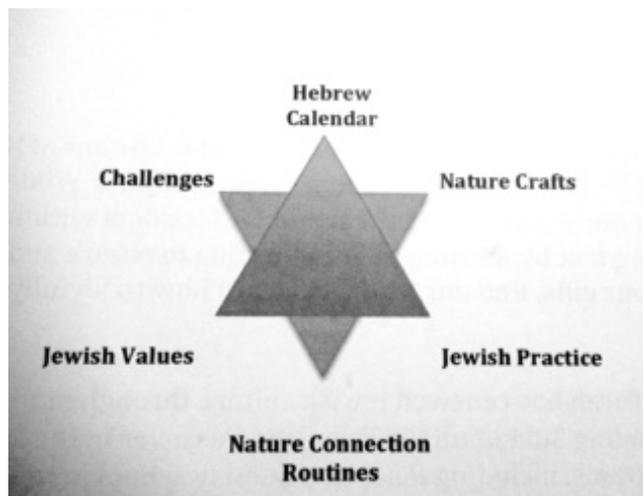
Havurah Shir Hadash

Shoreshim שורשים, nature -based learning

Earth and Torah Program

For three gatherings throughout our school year together, we will meet in nature to explore and nourish our connections between the earth, Judaism, community, self, and Spirit. When these connections are strengthened, our Jewish culture is also strengthened and renewed. We will engage our body, mind, and spirit within nature to integrate Jewish teachings.

Eretz V'Torah models its program based on the successful Wilderness Torah educational program from Berkeley, California. Wilderness Torah's image of this *magen David* demonstrates the six areas that the student will explore and then integrate through Jewish, nature-based learning.



We will meet once in the fall, winter, and spring in Lithia Park. Stories from the Torah and seasonal holidays will guide our time together in the park. From each story and/or current season, we will play relevant nature games, work on age appropriate crafts, and engage in meaningful discussions around the fire during the cold days. Students will also be invited to have a “sit spot” to practice deep listening in nature, which they will return to for each of our gatherings.

Here is a sample schedule of what your child can expect at each session:

- (10-10:45): Arrive, Modah Ani (Gratitude), Opening Circle, Jewish teaching
- (10:45-11:30): Games/ individual and/or group challenges related to teaching/ skits/ scavenger hunts
- (11:30-12:00): Nature craft/ fire circle
- (12:00-12:30): Lunch/ Continue craft/ Free time

- (12:30-12:45): Sit-spot in nature
- (12:45-1:00): Closing Circle, final connections

Eretz V'Torah Details:

Drop-off and pick-up will be at the main playground at Lithia Park. Please arrive on time at 10 AM. We will finish at 1 PM. We will meet rain or shine!

Students must bring the following:

- Daypack/Backpack
- Water bottle
- Sunhat/warm hat, weather appropriate
- Sturdy shoes, weather appropriate
- Warm clothes/raincoat/wool socks, in cold weather
- Lunch
- Camping cup/mug

For more information, or for questions, please contact Amy Rhine, 541-660-4895 or alcachofa.amy@gmail.com.