

# Explorations of Death & Dying

with Rabbi David Zaslow



We all know that death is a natural part of life. We realize that each of us is on a trajectory toward the end of our own lives. Yet most of us have a natural aversion to contemplating the completion of our lives on this plane. This course will combine study, guided meditations, and creative writing under the guidance of Rabbi David. In addition, guest teachers and experts from within our community will join us from time to time to share their wisdom with us.

The texts we will use include Reb Zalman's "From Age-ing to Sage-ing" and Simcha Raphael's "Jewish Views of the Afterlife." The guided meditations and creative writing will be taken from a unique curriculum that Reb David has developed from the CD "Graceful Passages."

Join us as we examine Jewish views of heaven, the afterlife, and reincarnation. We'll learn about the different levels of the soul and how to apply the wisdom from many spiritual traditions about death and dying to enhance and enrich our own lives today. Finally, some of us have been forced to deal with the impossible situation of unnatural or untimely deaths. Will learn about how Jewish tradition teaches us how to reconcile such tragedy with our faith in God.

Classes will be held monthly on Thursday evenings from 7:30 - 9 PM: 10/17, 11/14, 12/19, 2/20, 3/13, 4/24 & 5/22. The cost is \$26 for Havurah members plus text fees, and \$50 for non-members plus text fees. For more information on the course itself contact Rabbi David at [shalomrav@aol.com](mailto:shalomrav@aol.com).

Pre-registration required by calling 541-488-7716. The Havurah is located at 185 N. Mountain Ave. in Ashland.