

Reb Zalman zt"l Legacy Shabbaton 2015

Schedule

Friday, April 24

Mikvah; Women begins promptly at 2 PM, Men begins promptly at 3:30 PM

Directions to the Jackson Wellsprings

The address for your GPS is Jackson Wellsprings is located at 2253 Highway 99 North, in Ashland Oregon. For written directions to Jackson Wellsprings go to <http://www.jacksonwellsprings.com/directions/>

Important Details for you to know:

For additional \$8 (paid at the Wellsprings office) you can enjoy the Spa for the day. Bring your own towel. There is no requirement to shower prior to using the Mikvah as it is a natural pool with spring water constantly flowing. The Mikvah itself is 90+ degrees, yet it may be chilly and muddy outside depending on how our Ashland weather is that day. Please come prepared with a robe or heavy cover up, & good walking shoes. You may feel free to bring your water bottle, but NO GLASS is allowed on the Wellsprings property.

April 24, Friday Eve Service, 7:30 PM with Music by Brian Schachter and his band, Laura Berman Benelli and Cyrise Beatty Schachter, followed by dessert Oneg

April 25, Shabbat Torah Service, 10 am - 1 pm, with Music by Brian Schachter and his band, Laura Berman Benelli and Cyrise Beatty Schachter, followed by Lunch

SHABBAT AFTERNOON WORKSHOPS 2-3 pm

1) InterPlay Torah Study with Maggidah Cassandra Sagan, LOCATION: Classroom #1

Step into the living Torah! Using simple forms of Sacred Play, we will begin with text then discover our own stories, movements, and insights. The BeShT said that every day a new peyrush, a new interpretation of Torah, is generated in the Heavenly Yeshivah. Let's learn together with our bodies, hearts, humor, and voices.

2) A New Oracle of Kabbalah: Mystical Teachings of the Hebrew Letters with Richard Seidman, author of A New Oracle of Kabbalah, to be published this summer by White Cloud Press. **LOCATION: Classroom #2**

The Hebrew word for letter, ot, also means "wonder" or "miracle." In this interactive workshop, you'll learn about the creative powers embodied in each of the Hebrew

letters and how these wondrous letters can offer perspective and guidance regarding the questions we bring before them.

3) Moving Through the Four Worlds: Dances of Universal Jewishness with Rachael R. Resch. **LOCATION: Social Hall at back of Sanctuary on wood floor.**

Reb Zalman taught us the beauty and power of living the Four Worlds in our prayer practices. Inspired by Hassidic and Sufi ecstatic traditions, we'll use song and simple circle dances to embody the divine in the temple of the body, the temple of the heart, the temple of the mind and the temple of the spirit.

April 25, Saturday Evening Program, 7:30 PM

Reb Zalman's Legacy in Stories and Teachings

The evening program will consist of stories and Torah teachings by Reb Zalman presented by his students: Rabbi David Zaslow, Maggidah Devorah Zaslow, Rabbi Mark Novak, and others.

April 26, Sunday morning 9AM gathering and snack, 9:30 AM Whole Body Davvenen with Rachael Resch, followed by Davvenen with Rabbi David and Rabbi Sue Morningstar, 11:15 am closing circle

Whole Body Davenning: Experience Your Body as a Prayer with Rachael Resch

The anatomy of the human body teaches us that the sacred is at the center of everything we do. This means everything we do is a prayer. This means the body itself is a prayer and is always davenning. Our biology invites each of us to pray our own body's way and to bring the depth, ancientness and constancy of our biology into the depth and ancientness of our Judaic practices.

April 26, Storytelling Workshop, Sunday, 2:00 - 4:30 PM

Highly participatory workshop, guaranteed to improve your storytelling skills with master storytellers Renee Brachfeld and Mark Novak. They will share their technique for transforming a written tale into the spoken word. Find your own voice while making use of this simple and powerful process. Designed to meet the needs of both experienced and novice tellers. Warning: this workshop is a lot of fun! Sliding Scale \$36-\$75,